

Emerald City Academy of Rhythmic Gymnastics LLC. Membership Registration Form

Today's Date: _____	<input type="checkbox"/> New Student <input type="checkbox"/> Info Change <input type="checkbox"/> Renewal
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Childs Name	Date of Birth	Sex (Circle)
1 _____	_____	M / F
Child 1 School: _____	Grade: _____	
2 _____	_____	M / F
Child 2 School: _____	Grade: _____	

Mother/Guardian Name: _____	
Father/Guardian Name _____	
Address: _____	
City: _____	State: _____ Zip: _____
Home Phone: _____	E-mail: _____
Mother Work Phone: _____	Father Work Phone: _____
Mother Cell Phone: _____	Father Cell Phone: _____

Note: Please provide email address as it is our preferred communication method

Medical Alert / Allergies / Physical Limitations? _____	
Emergency Contact: _____	Emergency Ph.: _____
Physician's Name: _____	Physician Phone: _____
Insurance Company: _____	Policy/Med. Rec.#: _____

How did you hear about us?	
<input type="checkbox"/> Current Student – Please Name: _____	<input type="checkbox"/> Banner by School <input type="checkbox"/> Sign
<input type="checkbox"/> Web Site <input type="checkbox"/> Magazine/Ad <input type="checkbox"/> Birthday Party	<input type="checkbox"/> Other _____

I acknowledge that I have read and signed the Emerald City Academy of Rhythmic Gymnastics, LLC. ("ECARG") Waiver and Release Form and that I fully understand each provision of it. I have also read the Emerald City Academy of Rhythmic Gymnastics Safety Rules and I and my children) agree to abide by these rules. I further agree that ECARG may use photographs, video or other likeness of my child(ren) in its marketing or other promotional material, including its website.

Parent/Guardian: _____ Date: _____

Emerald City Academy of Rhythmic Gymnastics (ECARG) Safety Rules

Our mission is to provide your child a superb, safe, challenging and enjoyable educational and athletic experience. The following rules support this mission:

- 1.) Rhythmic gymnastics students must be accompanied by an adult into the SolCity facility and escorted by an adult to the Emerald City area, which is located in the back left corner of the gym. The parent or guardian must wait in the Emerald City bleacher area with his or her child until the class starts. Parents are encouraged to take their younger children to the bathroom prior to the start of class. If for some reason a student's participation in class should be limited in any way, parents need to inform the instructor prior to class.
- 2.) Parents are always invited to stay and watch the class. As well, parents may leave the facility if their child can be able to until scheduled class breaks to use the bathroom. If a child needs to use the bathroom outside of the official break time then the parent or parent's designee must stay throughout the class in order to be able to escort their child to the bathroom as needed.
- 3.) At the end of the class period, the parent must be in the ECARG bleacher area to escort his or her child out of the facility. On the rare occasion a parent is late, the child must tell the instructor and stay in the Emerald City area as directed by the instructor. Children are not allowed to wait for parents outside of the Emerald City designated area.
- 4.) When walking to the bathroom or water fountain during assigned breaks, children must walk around the rhythmic carpet, staying close to the wall of the facility and off of the basketball court. Students should leave the bathroom area as soon as possible and quickly walk back to the classroom area. Students should walk and not run when going to the restroom.
- 5.) All students should bring a bottle of water to class.
- 6.) Students should wear a black leotard, black footless tights and/or black shorts, and toe shoes with short white socks to the class for workout. On cooler days, students may also wear or bring a warm sweat shirt or ideally a stretchy black top.
- 7.) Hair must be pulled back in a ponytail or a bun and all jewelry must be removed for class
- 8.) Students should eat as necessary before class; parents should not bring food into the gym. Students are not allowed to eat during class or during the breaks.
- 9.) Students need to be respectful of both their instructors and classmates. During class, students must follow instructions. If a student misbehaves she will be instructed to sit on the side of the carpet or in the bleacher area (a "time-out"). If the misbehavior continues, a student may be discontinued from the class.
- 10.) Students need to be mindful that rhythmic equipment is being tossed in the air around them. For safety and courtesy sake, they need to be considerate of others when doing tosses and stay alert and out of the way of other students' equipment.

- 11.) Students should not play with or hang on any volleyball nets in the SolCity/Alliant University facility.
- 12.) If students have a friend who is interested in attending a class, he or she may bring the friend for a free trial session. However, the friend's parent must come to the session as well and the waiver must be signed by the friend's parent before class starts.