

EMC

November Newsletter

SAVE THE DATE

- **Sunday December 6th ALL GYMNASTS MUST BE AT THE GYM AT 1pm. Level 3-10 competitive team will be receiving their Christmas presents from EMC.**
- **Our 5-6 and 3-4 year old classes along with AGG will be receiving their presents in their classes.**

Potential Competitions

- December 19-20 OC Cup L3-10!

Save The Date: **Christmas Party**

Saturday December 26th
Power House Park 2-5pm
(Potluck)

White elephant gift exchange for gymnasts and parents. EMC will be sticking to the tradition from last year.



Welcome Colombian Senior National Team member VANESSA GALINDO SAAVEDRA.

Vanessa has been training in the USA since February and we are excited to welcome her into our gym. She will be training with us for two months.

Vanessa is a very experienced gymnast. She has competed in many international events including Pan American Games, Pacific Rim Championships, and World Championships.

We are looking forward to working with her and for our girls to see her work ethic as an experienced Senior National Team member.



REMINDER FOR ALLIANT

MASK POLICY: Gymnasts **MUST** wear masks IF NOT 6 feet apart.

Happy Thanksgiving!!

There are so many things we are thankful for this holiday season, but at the very top of the list are our gymnasts, parents, and hardworking staff. EMC wishes you all a wonderful holiday filled with the warmth and happiness of the season.



- During Thanksgiving week there will be regular practices for Saturday munchkins class, 5-6 y/o class, and level 3.
- Level 4-10 and AGG will have Thanksgiving camp.

**REMINDER: NO practice on Thanksgiving Day
November 26, 2020**