

EMC August Newsletter

Good Luck to Team USA at the Olympics in Tokyo!!!



EVITA GRISKENAS

Orland Park, Ill.

North Shore Rhythmic Gymnastics Center



LAURA ZENG

Libertyville, Ill.



ISABELLE CONNOR

Manhattan Beach, Calif.
*North Shore Rhythmic
Gymnastics Center*



CAMILLA FEELEY

Wheeling, Ill.
*North Shore Rhythmic
Gymnastics Center*



LILI MIZUNO

Northbrook, Ill.
*North Shore Rhythmic
Gymnastics Center*



ELIZAVETA PLETNEVA

Wheeling, Ill.
*North Shore Rhythmic
Gymnastics Center*



NICOLE SLADKOV

Vernon Hills, Ill.
*North Shore Rhythmic
Gymnastics Center*

We are happy to announce that Fox News will be at EMC on August 30th.

Dear parents, as we enter new season please review tuition policy:

Tuition Policy

- Tuition is due on the 20th of every month
- If payment is late, there will be a late fee of \$45
- If a gymnast is absent from the gym for an extended period of time (i.e. leaving town, vacation, etc.), tuition must still be paid to keep the gymnast's spot upon return
- If a gymnast decides to no longer train at EMC, there must be a 30 day notice and a payment of 1 month's tuition to exit

Our wonderful coaches are off to college!!!

Good luck to all of our coaches who will be attending Universities in the fall!!!

This fall we have 5 EMC 's staff members going to college. We are so proud of them for attending such great schools.



Fernanda Gutierrez -Agg coach.

Fernanda will be attending San Diego State University She will be majoring in kinesiology and minoring in business and her goal is to become a physical therapist. We are very happy that Fernanda is staying in San Diego and will be continuing to coach 2 agg teams, team Emerald and Golden Age and also Level 3.



Ashley Ma- Level 3 and 5-6yo RG coach

Ashley will be attending UCLA, her major is Human Biology and Society. She is hoping to go to medical school and become a doctor upon completion of all the long education that is a head of her!



Vianna Ngo-Agg coach

Vianna will be attending Northeastern University in Boston She will be doing a combined major in health science and business administration. Her goals after a 4 year university is med school and studying to become a sports medicine doctor. However, Vianna will be back to EMC on her time off from school , will continue coaching and doing administrative work.



Jenny and Monica Rockmans- Level 3-10 RG coaches

Ladies will be attending :

Graduate Southwestern Law school in Los Angeles. After graduation, they are hoping to pursue healthcare and sports law. But, since they will be not too far away, we are hoping to see them in the gym on their time off from school.

Welcome to EMC!!!



Liza Kroshchuk lv 8

We are honored to welcome these girls to our team, and we hope you'll enjoy being a part of our club. Our coaches are excited to work with you in achieving your dreams!!



Sofia Vorobei L7

New Coaches !!



Alexsandra Sasha Chernenko was born in Odessa, Ukraine from where she and her parents immigrated to California. Sasha's mother was herself a high ranking rhythmic gymnast and subsequently a coach for the Soviet Team. Sasha's father was a high ranking volleyball player and then a Soviet volleyball team coach as well. While in Ukraine Sasha played tennis. Once her family moved to Los Angeles Sasha's mom put her into Rhythmic Gymnastics (so she wouldn't sit around the house). Once she became a USA citizen, Sasha made the United States Rhythmic National Team of which she was a member for 5 consecutive years. While on the National Team Sasha represented the United States at various international competitions including Pacific Alliance, Pan American Games and World Championships. Thereafter, Sasha received her Bachelor's Degree from UC San Diego as well as her Juris Doctorate Degree both while coaching Rhythmic. Currently Sasha works full time as an in-house counsel for a natural botanical company in Northeastern San Diego and coaches Rhythmic Gymnastics. Sasha's current and past students include Top US finishers, Future Stars and Elite Squad members, as well as USA National and International Team members. Sasha will be coaching level 5.



Kaitlyn Ngo began dancing at the age of 3 and transitioned to rhythmic gymnastics at the age of 7. After completing Level 7 of rhythmic gymnastics, she transitioned into Aesthetic Group Gymnastics, where she became a member of the AGG USA National Team in 2018. Throughout years of hard work and training under Elena Baltovick, the team made a name for themselves in the international AGG community. They represented the USA in many competitions, including World Championships in Spain and Hungary.

Kaitlyn's years in rhythmic and aesthetic gymnastics have fostered a love for both sports, which she continues to share through coaching. She hopes to welcome young kids into the sport and inspire them to pursue a career in rhythmic gymnastics. Kaitlyn will be headcoach of the (3-6yo) program.

Kaitlyn's Accomplishments:

- Koop Cup, bronze medal, Canada 2018
- 2018 World Championships in Budapest, made finals
- Ranked #9 team in the world(2018)
- Ranked #1 team in North America(2018)
- Singapore Cup 2019, bronze medalist
- 2018 World Cup in Singapore, made finals
- 2019 World Championships in Spain, made finals
- Gold medalist in First Inaugural Aurora Games 2019 held in Albany, USA
- Bronze Medal Tallinn Trophy in 2019 held in Estonia
- 2019 Estonia World Cup IV, made finals
- Ranked #1 team in North America (2019)
- Ranked #7 team Worldwide(2019)